



NATIONAL SERVICE SCHEME

University of Kerala

Unit No: 42A & 42B

NSS College Pandalam

(Accredited by NAAC with 'B' Grade)

Annual Report 2023-2024

PREFACE

The National Service Scheme (NSS) acts as a flagship initiative by the Government of India, under the Ministry of Youth Affairs & Sports, focused on engaging students in meaningful community service activities. Identifying students from diverse educational backgrounds, including secondary schools, technical institutions, and higher education establishments, the National Service Scheme offers a platform for young individuals to contribute to the betterment of society. Since its establishment in 1969, the NSS has witnessed exponential growth in participation, with millions of students actively involved in various community service programs across the country. By providing hands-on experience in addressing societal challenges, The National Service Scheme seeks to instill values of empathy, responsibility, and civic engagement among the youth, nurturing future leaders committed to social change.

The National Service Scheme Units (42 A & 42 B) of NSS College, Pandalam takes on a multifaceted approach to community engagement, emphasizing not only rendering service to society but also creating cultural awareness and national pride. By participating in diverse community service initiatives, students gain practical skills, develop leadership qualities, and cultivate a strong sense of social responsibility.

The National Service Scheme of NSS College Pandalam consists of 2 units, 42A and 42B. A hundred students are enrolled every year as volunteers. There is an advisory committee under the chairmanship of the College Principal to advise on programme/ planning and development. On review of this advisory committee, the N.S.S. gives importance to environmental protection, the adoption of villages/ slums/communities, and various outreach activities. Residential Camps are organized annually, the stakeholders being the second-year volunteers. Environment-friendly practices such as water conservation and rainwater harvesting are followed annually. *The Red Ribbon Club* of the Unit organizes Blood Donation Camps and focuses on donating blood to the needy by channelling the volunteers. They also organize sessions to create awareness of AIDS. The volunteers take part in various outreach programs such as Food Donation Initiatives, named *Paadheyam*, *Punyam Poonkavanam*, an initiative to assist the pilgrims during Sabarimala season, *Vimukthi*, to create awareness against Drugs and various Substance Abuse and *Sanjeevani* to promote organ donation .

NATIONAL SERVICE SCHEME

Activities during the Academic Year-2023-2024

Sl. No.	Programmes
01.	Self Defense Class
02.	Buds School Visit
03.	Yuva Utsav
04.	Farewell Day
05.	Greenpeace Environmental Day Celebration
06.	Millet Fest
07.	Registration of YIPKDISC 5.0
08.	Yoga Day
09.	Radio Podcast
10.	Haritha Janakiya Audit
11.	Mental Yoga
12.	Anti Drugs Day
13.	Basheer Day
14.	Orientation & Plastic Cleaning in Campus
15.	Class on Pocso Act
16.	Hiroshima Nagasaki Day
17.	Internation Youth Day Quiz competition
18.	Independence Day
19.	Swachh Survey
20.	Teachers Day
21.	KSRTC Bus Stand Cleaning
22.	Junior Volunteers Enrollment
23.	Junior Volunteers Creativity Test

24.	Blood Donation Camp
25.	NSS Corner
26.	NSS Day Celebration
27.	Gandhi Jayanthi
28.	Maalinya Muktham Nava Keralam
29.	Students Day
30.	World Food Day
31.	International Day for Poverty Eradication
32.	Cleaning the Surroundings of Canteen
33.	Awareness Flex on Aids Displayed in front of College Premises
34.	Cricket World Cup quiz Competition
35.	Merit Day
36.	Unity Day
37.	Keraleeyam 2023
38.	World Vegan Day
39.	Vigilance Awareness Day
40.	Paadheyam
41.	World Kindness Day
42.	Selection Process for Leadership Camp
43.	Leadership Camp
44.	Webinar on Importance of Constitution Day
45.	Aids Awareness Class
46.	International Day of Persons with Disabilities
47.	International Volunteers Day
48.	Leprosy Awareness Class
49.	Sabarimala Duty
50.	Christmas Day
51.	Natipnal Road Safety Day

52.	National Girl Child Day
53.	Annual Seven Day Camp
54.	World Cancer Day
55.	Cleaning Campaign
56.	Self Defense Training For Girls
57.	Pulses Day
58.	Valentines Day
59.	Mega Job Fair
60.	District Level Neighborhood Youth Parliament
61.	World Consumer Rights Day
62.	National Integration Camp
63.	Water Day

The units of National Service Scheme (42A&42B), NSS College Pandalam function under the able leadership of the Principal –in-Charge of the college **Prof. Dr. M . G. Sanal Kumar, Dr.Jyothy.C R** (Programme Co-ordinator) and **Dr. Krishnakumar.A** (Programme Officer).

1. 2023 April 01 –Self Defense Class

DATE	01/04/2023
VENUE	Seminar Hall
NUMBER OF VOLUNTEERS PARTICIPATED	58

The "Self Defense" program, initiated by NSS Unit 42 A and 42 B of NSS College Pandalam, brought a broader perspective on the necessity of acquiring self-defense skills. With Mr. Afiram A. F., the President of World Kickboxing and Karate Association, India, as our esteemed chief guest, the event took place in the college seminar hall at 10 in the morning. Prior to the scheduled time, all volunteers had assembled in the hall, eagerly welcoming Mr. Afiram A. F. The program commenced with the NSS song, followed by an address from our assessing officer, Jyothy C R, who officially welcomed our guest and highlighted the importance of self-Defense in daily life.

Mr. Afiram then conducted a lively and engaging class, instilling in each of us the courage to face life's challenges with a smile. He demonstrated various defense techniques and shared his experiences from kickboxing and karate championships. After lectures and demonstrations, he led the volunteers in a practical session, initially met with nervousness but soon bolstered by his encouragement. The session concluded with a vote of thanks from our voluntary secretary, Miss Malavika, followed by the national anthem. This initiative aimed not only to equip NSS volunteers with self-defense skills but also to impart the message to society that the upcoming generation holds the potential to bring about positive change.



2. 2023 April 11 – Buds School Visit

DATE	11/04/2023
VENUE	Buds School Ulanadu
NUMBER OF VOLUNTEERS PARTICIPATED	52

On the 11th of April 2023, NSS volunteers from Units 42A and 42B of NSS College Pandalam embarked on a journey to BUD'S School in Ulanadu. The day began with the melodious rendition of the NSS song by talented students, overseen by Program Officer Dr. Jyothy C.R. The inauguration, graced by the Ulanadu ward member, marked the start of enriching activities and heartfelt interactions.

Throughout the day, diverse cultural programs showcased vibrant talents, from captivating dances to soul-stirring music and an enthralling magic show. NSS volunteers and BUD'S School students participated with enthusiasm, enhancing unity and shared enjoyment, emphasizing the significance of community engagement. On the sidelines of the cultural festivities, interactive sessions facilitated open discussions on topics ranging from education to community development, fostering a deeper understanding and appreciation among participants. These sessions provided a platform for sharing ideas and insights, strengthening bonds and paving the way for future collaborations between NSS College Pandalam and BUD'S School.

As the day concluded, participants reflected on meaningful experiences. Dr. Jyothy C.R. expressed gratitude to all involved, acknowledging their contributions. With hearts full of gratitude, participants bid farewell, cherishing memories of a truly unforgettable day of service and camaraderie.



3. May 20 – Yuva Utsav

DATE	20/05/2023
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VENUE	Catholicate College Pathanamthitta
NUMBER OF VOLUNTEERS PARTICIPATED	15

Yuva Utsav 2023 was organized by Government of India Ministry of Youth and Sports and Nehru Yuva Kendra on 20th May 2023 at Catholicate College Pathanamthitta. They presented artistic programs like poetry writing, recitation, story writing, dance, etc. in the festival. Prizes were given to the deserving contestants and certificates were given to all the contestants who participated in the program. Stalls of state government institutions were functioning in this event. 15 NSS volunteers participated in this event. A sumptuous meal was served to all the participants. The Yuva Utsav was a very enjoyable program for both the students and the volunteers.

4. 2023 May 24 – Farewell Day

DATE	24/05/2023
VENUE	Seminar Hall
NUMBER OF VOLUNTEERS PARTICIPATED	87

On May 24, 2023, NSS College Pandalam's NSS units 42A and 42B organized a farewell day for the seniors of the 2020-21 batch. The program commenced at 10 am in the college seminar hall, with Volunteer Secretary Sooraj and Joint Secretary Jyoti coordinating the event. The programme officers of the Unit Dr Muthumon T R and Dr. Jyothy C R inaugurated the program. Senior volunteers Jithin Vinod, Rahul B, Rudhra, Rakhi, and Sreejith S Kumar joined the function, sharing their experiences in NSS. The day was filled with nostalgia and fond memories. Junior volunteers also participated in the event. After lunch, the program concluded at 2 pm.



5. 2023 June 05 – *GreenPeace* (Environment Day Celebration)

DATE	05/06/2023
VENUE	College Premises
NUMBER OF VOLUNTEERS PARTICIPATED	76

NSS Unit 42A and 42B of NSS College Pandalam organized a variety of events for World Environmental Day, promoting a return to nature. Activities included visit to Boys Higher Secondary School Pandalam, indoor plant donations, garden formation, radio announcements, and a presentation followed by a quiz programme. Volunteers brought plant saplings from home. After assembling at 10:30 am, they sang the NSS song, they took a pledge, and waited for the instructions. The welcome address was delivered by the Programme Co-ordinator of the Unit Dr Muthumon T R .Indoor plant donations were inaugurated by the Principal Prof.Dr.K G Padmakumaran Nair and Dr. Jyothy C R. After lunch, the volunteers worked on the college garden, planting flowers, vegetables, and fruit-bearing plants. Simultaneously, a Radio announcement emphasising nature preservation was

made.Refreshments were provided to the volunteers. At 2:30 pm, a PPT presentation and quiz competition were held. The programme concluded with the national anthem.



6. 2023 June 07 –Millet Fest

DATE	07/06/2023
VENUE	Seminar Hall
NUMBER OF VOLUNTEERS PARTICIPATED	96

NSS units 42A and 42B of NSS College Pandalam conducted a Millet Fest on June 7, 2023, at the college seminar hall. All volunteers arrived before the scheduled time. The program commenced with the NSS song performed by NSS volunteers. Program Officer Dr. Jyothy C R gave the welcome address. The respected Principal Prof Dr K G Padmakumaran nair inaugurated the program and delivered a speech emphasizing the importance of the Millet Fest. The chief guest of the day was Mr Prashant Bhushan, the agripreneur of Jegan Millet Bank. Mr. Prashant conducted a class on the significance of millets for this generation,

sharing his experiences as an agripreneur and showcasing a variety of millets and their quality. He also served millet scoops to the volunteers. The vote of thanks was delivered by Dr Muthumon T R, the Programme Co-ordinator of NSS Unit. The session concluded at 2 pm.



7. 2023 June 19 – Registration Of YIPKDISC 5.0

DATE	19/06/2023
VENUE	Seminar Hall
NUMBER OF VOLUNTEERS PARTICIPATED	25

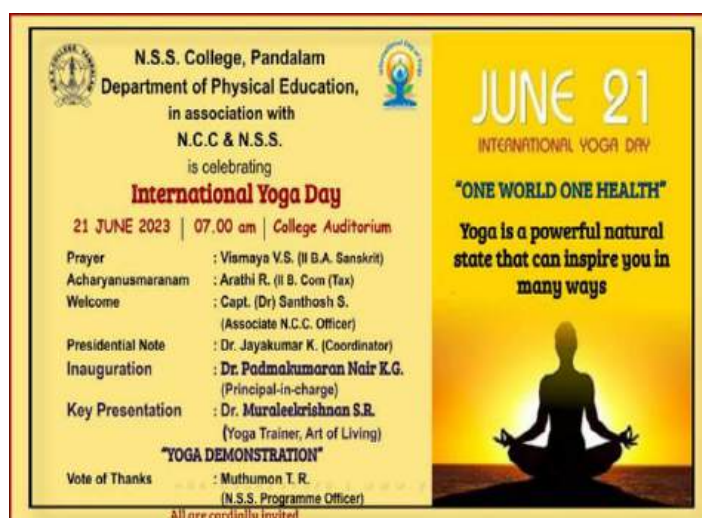
The registration of students for YIPKDISC5.0 was conducted on June 21, 2023, by NSS Units 42A & 42B of Pandalam NSS College. The program, beginning at 9:30 am with a prayer, was inaugurated by the College Prof Dr K G Padmakumaran Nair. Dr. Jyothy C R, NSS Program Officer, delivered a welcome address and commenced the proceedings. The

registration process was facilitated by a resource person, and Volunteer Secretary Sooraj concluded the program with a vote of thanks, ending at 11:30 am.

8. 2023 June 21 – International Yoga day

DATE	21/06/2023
VENUE	College Auditorium
NUMBER OF VOLUNTEERS PARTICIPATED	78

"Yoga Day" was a collaborative event organized by National Service Scheme units 42A & 42B and NCC on June 21, 2023, coinciding with Yoga Day. The program, inaugurated by College Principal Prof Dr K G Padmakumaran Nair, was warmly welcomed by NCC Program Officer Santosh. A yoga master led the keynote lecture and class. Students from NSS and NCC brought their own yoga mats or blankets from home and actively participated in the yoga session.



9. 2023 June 22 – Radio Podcast on Drug Awareness

DATE	22/06/2023
VENUE	Radio Room
NUMBER OF VOLUNTEERS PARTICIPATED	10

A radio podcast on Drug Awareness was held on June 22 under the National Service Scheme units 42A and 42B at NSS College Pandalam. The students were educated about drug abuse and its consequences. The program was conducted under the leadership of NSS Volunteers, with Volunteer Secretary Sooraj and Volunteer Aditya playing key roles.



10. 2023 June 23 – Haritha Janakeeya Audit

DATE	23/06/2023
VENUE	PHC Kulanada
NUMBER OF VOLUNTEERS PARTICIPATED	2

A Haritha Janakiya Audit was conducted at the Primary Health Centre in Kulanada, beginning at 10:00 am. Led by the Pandalam Municipality Haritha Karma Mission in-charge, the program aimed to raise awareness about the green protocol that should be adopted by all colleges. NSS Programme Officer Dr Jyothy C R and NSS Volunteers Prithvi Raj P and Anjali Prasad participated in the programme . The program concluded at 12:30 pm, having successfully disseminated information about environmental conservation practices.



11. 2023 June 26 – Mental Yoga

DATE	26/06/2023
VENUE	Seminar Hall
NUMBER OF VOLUNTEERS PARTICIPATED	82

National Service Scheme NSS College Pandalam hosted a Mental Yoga session, engaging both NSS and NCC volunteers. Beginning at 9 am, the session kicked off at 9:30 am with a prayer led by Vismaya V.S. Following this, Arathi R conducted Acharanusmaranam, and Capt. (Do) Santhosh S delivered a welcome speech as the Associate NCC Officer. Dr. Jayakumar K, the coordinator, presented the presidential note, while Dr. Muralee Krishnan S.R, a Yoga trainer from the Art of Living, inaugurated the event themed "Yoga Demonstration." The session proved both inspirational and beneficial for all participants, culminating with a vote of thanks by Muthumon T.R, the NSS Programme Officer. The program concluded with the rendition of the national anthem by NSS volunteers, fostering a sense of unity and pride. Additionally, the event was overseen by Volunteer Secretary Sooraj S and Joint Secretary Jyothy Lakshmi. Refreshments were provided to all the volunteers.



12. 2023 June 26 – Anti Drugs Day Awareness Class

DATE	26/06/2023
VENUE	Seminar Hall
NUMBER OF VOLUNTEERS PARTICIPATED	79

An anti-drug awareness class was conducted at NSS College Pandalam on June 26, 2023, at 2 pm, initiated by NSS Volunteers of units 42A & 42B in collaboration with the district legal service authority, NCC, and Anti-Narcotics Cell. Smt. Rajasree C.R, Honorable Sub Judge & Secretary of District Legal Service Authority, Pathanamthitta, was invited as the chief guest to raise awareness about the harmful effects of drug and alcohol consumption. In her speech, Smt. Rajasree highlighted that India witnesses 10 drug-related suicides daily and emphasized the importance of youth receiving prevention messages. The Principal emphasized the role of youth in positively impacting society through anti-drug campaigns. The event was attended by Principal, NSS Programme Officer Jyothy C R, Volunteer Secretary Sooraj S, faculty members, and students. It served as a reminder for everyone about the dangers of drug abuse and the importance of making informed choices for a better future. Refreshments were provided to all the volunteers.



13. 2023 July 05 – Basheer Day

DATE	05/07/2023
VENUE	Malayalam Department
NUMBER OF VOLUNTEERS PARTICIPATED	55

In commemoration of the death Anniversary of the 'Bey pore Sultan' Sri Vaikom Muhammad Basheer , NSS Volunteers of NSS College Pandalam conducted an orientation session collaborating with the Malayalam Department .The programme started at 11:00 am . The session was inaugurated by Dr Hareesh of Malayalam Department .Welcome speech was given by NSS Programme Officer Dr Jyothy C R . The session highlighted Basheer’s literary contributions, social activism and his enduring impact on society. There was also a Quiz programme conducted by Dr Sambhu R on Basheer and his contributions to Malayalam Literature. The Vote of Thanks was delivered by NSS Volunteer Secretary Sooraj S .The programme ended by 12:30 pm.



14. 2023 July 07 – Orientation and Plastic cleaning in Campus

DATE	07/07/2023
VENUE	Seminar Hall&College Premises
NUMBER OF VOLUNTEERS PARTICIPATED	83

NSS College Pandalam's NSS units 42A and 42B held an orientation class for new volunteers on July 7, 2023, at the college seminar hall. NSS Joint Secretary Jyothi Lekshmi welcomed the attendees. Dr. Jyothy C R briefed the audience on past NSS activities, while NSS Volunteer Secretary Sooraj S elaborated on the importance of NSS and volunteer roles. Jyothi Lekshmi led an interactive session on NSS claps and songs, concluding with a vote of thanks by Programme Officer Dr. Muthu MonT R and NSS volunteers. Following the orientation, NSS Volunteer Secretary Sooraj organized a plastic cleaning drive, with volunteers assigned tasks such as waste separation, garden renovation, and compound cleaning. The initiative promoted teamwork and left volunteers feeling fulfilled. Refreshments were provided to all the participants.



15. 2023 July 12 – Class on Pocso Act 2012

DATE	12/07/2023
VENUE	Seminar Hall
NUMBER OF VOLUNTEERS PARTICIPATED	89

NSS College Pandalam's NSS units 42A and 42B organized a workshop on 'Stop Child Sexual Abuse, POCSO Act' in collaboration with Sakshi group on July 12, 2023. Conducted by Ms. Hanna John, the session educated volunteers on identifying and responding to various forms of child sexual abuse, emphasizing the importance of patience and sensitivity when addressing such issues. The participants were provided helpline numbers

and were engaged in activities that provided them more knowledge about Pocso and such rules. The workshop aimed to raise awareness and empower volunteers to combat child sexual abuse effectively.



16. 2023 August 6 – Hiroshima Nagasaki Day

DATE	06/08/2023
VENUE	Online Platform
NUMBER OF VOLUNTEERS PARTICIPATED	38

On August 6, 2023, in commemoration of Hiroshima and Nagasaki Day, NSS Volunteers of NSS College Pandalam organized an online poster designing contest. The contest began at 7:00 pm, during which volunteers were tasked with creating posters related to the atomic bombings of Hiroshima and Nagasaki. The results were announced by NSS Programme Officer Dr. Jyothy C R and NSS Volunteer Secretary Sooraj S. The programme concluded at 8:30 pm.



17. 2023 August 11 – International Youth Day

DATE	11/08/2023
VENUE	College Auditorium
NUMBER OF VOLUNTEERS PARTICIPATED	53

In accordance with International Youth Day, National Service Scheme Units 42A & 42B of NSS College, Pandalam, organized a Quiz Competition, which commenced at 2 pm and lasted for about an hour, concluding at 3 pm.

18. 2023 August 15 – Independence Day

DATE	15/08/2023
VENUE	College Premises
NUMBER OF VOLUNTEERS PARTICIPATED	23

The National Service Scheme units 42A and 42B organized an Independence Day celebration at NSS College Pandalam on the 15th of August with great enthusiasm. The college campus was beautifully decorated with flags and balloons to commemorate the day. The program was inaugurated by the principal with the flag hoisting ceremony at the flag

area in our college. The Principal Professor Doctor Padmakumaran Nair and the Program Officers Dr Muthumon T R and Dr Jyothy C R gave messages on Independence Day. At the culmination of the Independence Day celebration, vote of thanks was delivered by Volunteer Secretary Sooraj S, expressing gratitude to all participants, organizers, and contributors for their dedication and efforts in making the event a memorable success.



19. 2023 August 16 – Swachh Survey

DATE	16/08/2023
VENUE	Pandalam Municipality
NUMBER OF VOLUNTEERS PARTICIPATED	18

On August 16th, in continuation of the activities of Independence Day, all volunteers from NSS units 42A and 42B went to the municipality for the commemoration of Swachh Survey activities to be conducted in collaboration with the municipality. The municipality members arranged food for all volunteers. Following this, a swachh survey was conducted in our college locality. Senior volunteers divided all members into groups, each assigned to different areas for the survey. Volunteers presented questionnaires to people in the locality and recorded their opinions in a Google form. The community cooperated with them for the survey. All volunteers returned to our college after the survey at 1:00 PM.



20. 2023 September 05 – Teachers Day Celebration

DATE	05/09/2023
VENUE	College
NUMBER OF VOLUNTEERS PARTICIPATED	15

The Teachers' Day celebration held on September 5, 2023, was a resounding success, serving as a fitting tribute to the dedicated educators who contribute tirelessly to our institution's mission of academic excellence and personal growth. Organized by NSS Unit 42A and 42B volunteers of Pandalam NSS College, the event featured a surprise gesture where red roses were presented to every teacher on campus, starting with a tribute to Principal Prof Dr K G Padmakumaran Nair. This celebration highlighted the profound impact of teachers on shaping the minds and futures of generations to come, reaffirming our commitment to fostering a culture of appreciation and recognition for their unwavering dedication and passion.



21. 2023 September 08 – Ksrtc Bus Stand Cleaning

DATE	08/09/2023
VENUE	Pandalam Ksrtc Stand
NUMBER OF VOLUNTEERS PARTICIPATED	48

As part of the cleaning campaign conducted by NSS Unit No. 42A & 42B of NSS College Pandalam, NSS Volunteers took the initiative to clean the Pandalam KSRTC Bus Stand. The volunteers removed all the plastics from the surrounding areas of the bus stand to promote a green environment. The campaign was inaugurated by NSS Programme Officer Dr. Jyothy C R. The program was led by NSS Joint Secretary Srija. The program lasted over two and a half hours.

22. 2023 September 08 – Junior Volunteers Enrollment

DATE	08/09/2023
VENUE	College Auditorium

NUMBER OF VOLUNTEERS PARTICIPATED	67
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On November 8, 2023, the National Service Scheme units 42A and 42B of NSS College, Pandalam, conducted volunteer enrollment for first-year students. The enrollment process was organized into four sessions. Each volunteer was provided with a form to submit on a designated date. Senior volunteers initially collected the forms, selected students, and allocated time slots for enrollment based on their departments. Students from each department were required to arrive at the auditorium punctually for their enrollment session. Following the first session, certain volunteers were selected to proceed to the next session. Subsequently, interviews were conducted in different segments, with senior volunteers initially interviewing volunteers, and those selected proceeded to a second interview with Volunteer Secretary Sooraj.



23. 2023 September 13 –Junior Volunteers Creativity Test

DATE	13/09/2023
VENUE	Seminar Hall

NUMBER OF VOLUNTEERS PARTICIPATED	56
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On September 13, 2023, NSS Volunteers of NSS College Pandalam organized a creativity test for their junior batch as part of their enrollment process. Students were asked to demonstrate various skills such as singing, dancing, playing instruments, speech, etc., according to their creative abilities. NSS Programme Officers Dr Muthumon T R, Dr. Jyothy C R and senior NSS volunteers, including NSS Volunteer Secretary Anjali Prasad, assessed their performances.

24. 2023 September 14 – Blood Donation Camp

DATE	14/09/2023
VENUE	Seminar Hall
NUMBER OF VOLUNTEERS PARTICIPATED	73

NSS College Pandalam and NSS Unit Pathanamthitta organized a blood donation camp in collaboration with RIBK on September 14, 2023, at the seminar hall. The camp was formally inaugurated by the Principal Prof Dr K G Padmakumaran Nair . Starting from 10 am to 1 pm, the program saw active participation from all departments and students. NSS Program Officers Dr Muthumon T R and Dr. Jyothy C R also donated blood during the event. A team comprising one doctor and nine other staff members facilitated the blood collection process. Over 45 participants donated blood, and all donors were provided healthy drinks and fruits to replenish their energy. Volunteer Secretary Prithviraj delivered the vote of thanks following the camp. Additionally, a meeting of second-year NSS volunteers was held at 2 pm in the seminar hall.



25. 2023 September 20 – Creation of NSS Corner

DATE	20/09/2023
VENUE	College Front Side
NUMBER OF VOLUNTEERS PARTICIPATED	46

The National Service Scheme units 42A and 42B of NSS College Pandalam established an NSS corner on September 20, 2023. The program commenced at 10 o'clock in the college seminar hall, Principal Prof.Dr.K G Padmakumaran Nair inaugurated the NSS corner. The setting of NSS Corner was aimed to introduce our volunteers to creativity and skill development opportunities. The session was highly effective and well-received.



26. September 30 – NSS Day Celebration (Sep 24)

DATE	30/09/2023
VENUE	College Auditorium
NUMBER OF VOLUNTEERS PARTICIPATED	88

National Service Scheme 42 A & 42 B NSS College Pandalam celebrated NSS Day on September 30th, as September 24th fell on a Sunday. Volunteers were divided into different groups and assigned various tasks including skits, dances, nadanpattu performances, and other activities. The program took place at the college auditorium at 10 a.m., with each team delivering their best performances on stage. The program officer, Dr. Jyothy C R, rewarded the best teams. Coordination for the event was handled by the volunteer secretary Anjali Prasad.



27. 2023 October 10 – Malinya Muktham NavaKeralam

DATE	10/10/2023
VENUE	Pathanamthitta
NUMBER OF VOLUNTEERS PARTICIPATED	50

The National Service Scheme Volunteers of Pandalam NSS College actively participated in the "Malinya Muktha Nava Keralam" district-level campaign in Pathanamthitta, as part of the Kerala Cleanliness Mission, on October 10, 2023. Nearly 50 volunteers from our college joined the campaign, which was coordinated by NSS Programme Officer Dr. Jyothy C R. Pledging to contribute to a garbage-free Navkerala, each volunteer engaged in cleaning the premises of the Pathanamthitta Municipality Open Stage and the new private bus stand. The program commenced at 10:00 a.m. and concluded at 12:30 p.m., followed by a provision of food to the volunteers.



28. 2023 October 02 – Gandhi Jayanthi Celebration

DATE	02/10/2023
VENUE	College Campus & PHC Pandalam
NUMBER OF VOLUNTEERS PARTICIPATED	75

The programme honoring Gandhi Jayanti commenced at 10:00 a.m., featuring a poignant speech by Programme Officers Dr Muthumon T R and Jyothy C R, reflecting on the life and teachings of Mahatma Gandhi. Volunteer Secretary Anjali Prasad then outlined the tasks for the cleaning program, emphasizing the significance of cleanliness and service in Gandhi's philosophy. With zeal and dedication, the NSS volunteers from NSS College Pandalam cleaned both the campus and the Primary Health Centre in Pandalam. The cleaning program, culminating at 2:30 p.m., served as a tribute to Gandhi's enduring legacy and his message of selfless service to humanity.



29. 2023 October 15 – Students Day

DATE	15/09/2023
VENUE	College
NUMBER OF VOLUNTEERS PARTICIPATED	59

On October 15th, World Students Day was joyously celebrated by our NSS unit at the college campus. The event commenced with the inauguration by the program officers Dr Muthumon T R and Dr. Jyothy C R, who symbolically presented a rose to a student, marking the significance of the occasion. Volunteer Secretary Prithviraj then distributed sweets among the students, adding to the festive atmosphere. Following this, the dedicated volunteers of the NSS unit actively participated in distributing roses and sweets to all the students, spreading joy and camaraderie throughout the campus. The event served as a heartfelt tribute to the

student community, recognizing their importance and contributions to the college environment.



30. 2023 October 16 – World Food Day Celebration, Food Donation

DATE	16/10/2023
VENUE	Pandalam & Adoor
NUMBER OF VOLUNTEERS PARTICIPATED	23

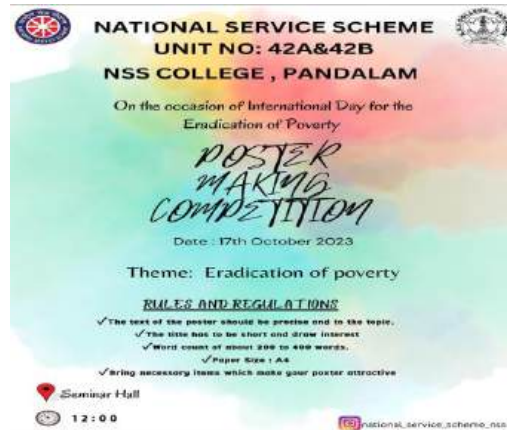
On World Food Day, NSS units 42A and 42B of NSS College Pandalam, under the guidance of Volunteer Secretary Anjali Prasad and Programme Officer Jyothy C R, organized the Paadheyam program. They collected and distributed 500 noon meals to those in need at KSRTC Bus Stand, Pandalam, and Adoor General Hospital, showcasing a remarkable act of social service by the volunteers. Their efforts reflected the spirit of compassion and solidarity, contributing to the vision of a hunger-free society.



**31. 2023 October 17 – International Day for Poverty Eradication,
Poster Making**

DATE	17/10/2023
VENUE	Seminar Hall
NUMBER OF VOLUNTEERS PARTICIPATED	50

The college celebrated the International Day for Poverty Eradication on October 17th by organizing a poster-making competition involving 50 students, from which the Program Officers Dr Muthumon T R and Dr. Jyothy C R selected the winning poster and awarded the prize.



32. 2023 October 18 – Cleaning the Surroundings of College Canteen

DATE	18/10/2023
VENUE	College Canteen
NUMBER OF VOLUNTEERS PARTICIPATED	61

The first-year students initiated the cleaning of the Canteen part of the college premises. Following this, they were organized into groups under which they diligently cleaned the various sections of the college campus. Once the cleaning tasks were completed, attendance was taken, and the students were dismissed. This coordinated effort not only fostered a sense of responsibility and teamwork among the students but also contributed to maintaining the cleanliness and hygiene of the college environment.



33. 2023 October 19 – Awareness Flex on AIDS Displayed at College Entrance

DATE	19/10/2023
VENUE	College Premises
NUMBER OF VOLUNTEERS PARTICIPATED	69

As part of AIDS awareness efforts, the National Service Scheme of NSS College Pandalam installed a flex banner in front of the college gate. The banner aimed to raise awareness about AIDS, featuring crucial information about the disease. Many students at our college had the opportunity to view and read the informative content on the flex. The banner was put up by Programme Officer Jyothy C R.



**34. 2023 October 27 – Cricket World Cup Quiz in Collaboration
with the Department of English**

DATE	27/10/2023
VENUE	English Department
NUMBER OF VOLUNTEERS PARTICIPATED	48

NSS Volunteers of NSS College Pandalam, in collaboration with the English Department, organized a Cricket World Cup Quiz. NSS Volunteer Secretary Anjali Prasad coordinated the hall arrangements, while NSS Programme Officer Dr. Jyothy C R served as the quiz master. Cash prizes of ₹1501, ₹1001, and ₹501 were awarded to the first, second, and third prize winners respectively, with the College Principal distributing the prizes. The program spanned over 2 hours.



35. 2023 October 28 – Merit Day

DATE	28/10/2023
VENUE	College Auditorium
NUMBER OF VOLUNTEERS PARTICIPATED	65

Under the auspices of NSS College Pandalam, the Merit Day was organized on October 28, 2023, by the college, with support from the National Service Scheme. The college enlisted NSS volunteers to manage the program, which involved a significant number of students beyond the volunteer count. The event attracted a large turnout of students eager to celebrate their peers' achievements in sports, studies, and arts.



36. 2023 October 31 – Unity Day

DATE	31/10/2023
VENUE	Seminar Hall
NUMBER OF VOLUNTEERS PARTICIPATED	72

NSS units 42A & 42B of NSS College Pandalam organized a National Unity Day program on October 31, 2023. Commencing at 10 am, the event commemorated the birth anniversary of Sardar Vallabhbhai Patel, a key figure in India's political integration. Dr Muthumon T R and Dr. Jyothy C R, NSS coordinators, inaugurated the program, highlighting the significance of unity. NSS Secretary Prithviraj delivered the vote of thanks, expressing gratitude for the participation and emphasizing the importance of unity in the nation's progress.



NATIONAL SERVICE SCHEME
(UNIT NO : 42A & 42B)
NSS COLLEGE , PANDALAM



NATIONAL
UNITY
DAY

31 OCTOBER



37. 2023 November 1 – Keraleeyam 2023

DATE	01/11/23 - 07/11/23
VENUE	Thiruvananthapuram
NUMBER OF VOLUNTEERS PARTICIPATED	3

As representatives of NSS College Pandalam, National Service Scheme units 42A and 42B, three students participated in the Keraleeyam program 2023. Over the course of the seven-day program, they were assigned duties for five days. On the first day, their duty involved overseeing the flower show, followed by duty at the exhibition on the second day. For the remaining three days, they had full-day duties at various venues, including the office, flower show, and auditorium. Their participation allowed them to contribute actively to the success of the Keraleeyam program and showcase the commitment of NSS College Pandalam to community engagement and service.



38. 2023 November 01 – World Vegan Day

DATE	01/11/2023
VENUE	College Premises
NUMBER OF VOLUNTEERS PARTICIPATED	53

NSS College Pandalam's NSS units 42A & 42B organized a program on November 1, 2023, commemorating World Vegan Day. The event aimed to highlight the importance of nature and plants in human existence. NSS volunteers distributed vegetable seeds to the heads of various departments within the college and planted vegetables in the college garden. Dr. Jyothy C R, NSS coordinator, inaugurated the program by planting the first seed, followed by NSS Secretary Prithviraj planting the second seed. The celebration of World Vegan Day saw an enthusiastic participation from most of the students.



39. 2023 November 03 – Vigilance Awareness Week

DATE	03/11/2023
VENUE	NSS College Pandalam & GHSS Thottakonam
NUMBER OF VOLUNTEERS PARTICIPATED	62



Vigilance Awareness Week, November 2023

Date:03/11/2023

On account of Vigilance Awareness Week, NSS Volunteers of NSS unit 42A and 42B of NSS college Pandalam assembled in front of college for the pledge towards vigilance awareness at 10.00 am. The theme of the week was "Say no to corruption, commit to the nation". The pledge was delivered by the Programme Co-ordinator of National Service Scheme, Dr Jyothy C R. The rally started with the hoisting of the flag by the Principal In Charge Prof. Dr. K G. Padmakumaran Nair. An awareness rally started at 10.15 am from the college and moved through the national highway and back. All volunteers were holding placards and slogans were raised against corruption. The awareness rally ended at 10.45 am.



After that , selected volunteers visited Govt.HSS Thottakonam to conduct an orientation session to the students of that school.The session was led by Prithviraj, NSS Volunteer Secretary of our college, aiming to make the youth aware about the current scenerio of corruption. The session was interactive and there was an an whole hearted participation from students .A Quiz programme was conducted on there at 12.30 pm about the vigilance awareness and the prizes for the 1st ,2nd and 3rd were disturbed by Dr Jyothy C R ,NSS Programme Co-ordinator of our college.By afternoon,the program was concluded by taking

pledge to oppose corruption and dedicate oneself to the welfare of the nation.



40. 2023 November 5 – Paadheyam

DATE	05/11/2023
VENUE	Pandalam
NUMBER OF VOLUNTEERS PARTICIPATED	26

To pave the way for a hunger-free tomorrow, NSS units 42A & 42B of NSS College Pandalam are organizing "PAADHEYAM," an inspirational program aimed at motivating volunteers to contribute towards a brighter future. In collaboration with the PAADHEYAM initiative, NSS volunteers, led by Volunteer Secretary Prithviraj , distributed Pothichoru around Pandalam. This act of donating Pothichoru serves as a compassionate gesture, offering vital resources to the less fortunate and aiding in their well-being.



41. 2023 November 13 – World Kindness Day

DATE	13/11/2023
VENUE	Pandalam Municipality
NUMBER OF VOLUNTEERS PARTICIPATED	49

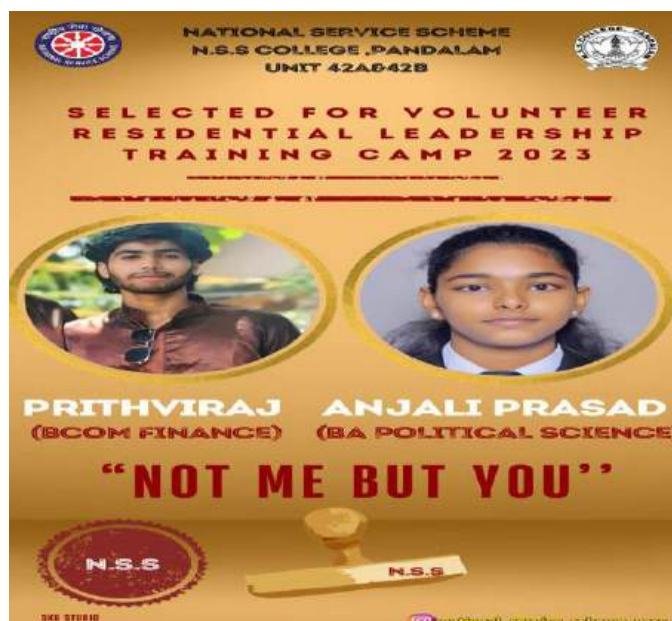
On November 13, 2023, NSS volunteers from NSS College, Pandalam, units 42A & 42B, initiated a program in observance of World Kindness Day. Collaborating with Pandalam Municipality, they identified over 10 individuals in need of financial assistance. The program, inaugurated by the Principal Prof.Dr. K G Padmakumaran Nair, commenced at 10 am and concluded at 12 pm. NSS Coordinator Dr. Jyothy C R delivered the welcome speech, while NSS Volunteer Secretary Anjali Prasad expressed gratitude. The volunteers targeted needy individuals within the Pandalam locality, demonstrating their commitment to kindness and community support.

42. 2023 November 15 - Selection Process for Volunteers for Presidential Camp

DATE	15/11/2023
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VENUE	Seminar Hall
NUMBER OF VOLUNTEERS PARTICIPATED	10

The selection process for the NSS Leadership Camp among second-year volunteers was meticulously conducted by senior executive members. It comprised three distinct sections aimed at evaluating various aspects of the volunteers' abilities. Initially, a common interaction session allowed volunteers to express themselves and showcase their interpersonal skills. Subsequently, volunteers were given the opportunity to exhibit their cultural talents, highlighting their creativity and versatility. Finally, a series of questions were posed to assess their leadership qualities and problem-solving abilities. Following these comprehensive sessions, Anjali and Prithviraj emerged as the selected candidates from a pool of approximately 10 volunteers.



43. 2023 November 24 to 26 – Leadership Camp

DATE	24/11/2023-26/11/2023
VENUE	TKM College of Arts and

	Science, Karikode, Kollam
NUMBER OF VOLUNTEERS PARTICIPATED	2

Prithviraj P and Anjali Prasad, volunteers of our unit, participated in the three-day residential leadership camp conducted at TKM College of Arts and Science Karikode, Kollam



44. 2023 November 26 Webinar on Importance of Constitution Day

DATE	26/11/2023
VENUE	Online Platform
NUMBER OF VOLUNTEERS	57

PARTICIPATED	
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National Service Scheme units 42A & 42B organized a webinar focusing on the significance of Constitution Day. The event, conducted via Google Meet, featured Shri. Regunath V, Assistant Professor and Head of the Department of Political Science, as the resource person. Prof.Dr.K G Padmakumaran Nair, the Principal of NSS College, Pandalam, inaugurated the session, followed by a welcome address from Dr. Jyothy C R and a vote of thanks delivered by Volunteer Secretary Anjali Prasad. Both first and second-year NSS volunteers actively participated in this enlightening program. The webinar took place on November 26, 2023, at 7 PM.



45. 2023 December 01 – Aids Awareness Class

DATE	01/12/2023
VENUE	GHSS THOTTAKONAM
NUMBER OF VOLUNTEERS PARTICIPATED	12

On World AIDS Day, NSS units 42A & 42B of NSS College, Pandalam conducted an AIDS awareness session and quiz competition at GHSS Thottakonam. The presentation, led by Volunteer Draupadi , provided detailed insights into AIDS, including its causes, transmission, prevention, and treatment options. Following the informative session, Volunteer Secretary Sooraj S organized an engaging quiz competition related to the presented topics. Participants actively participated in the quiz, showcasing their understanding and knowledge about AIDS. As a gesture to promote awareness and reward participation, prizes were distributed to the winners of the quiz competition. The event served as a meaningful initiative to observe World AIDS Day and educate individuals about the importance of HIV/AIDS prevention and support.



46. 2023 December 4 – International Day of Persons With Disability (Dec 03)

DATE	04/12/2023
VENUE	GHSS THOTTAKONAM
NUMBER OF VOLUNTEERS	15

PARTICIPATED	
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In continuation of the International Day of Persons with Disabilities, NSS volunteers from NSS College Pandalam organized an impactful awareness session at GHSS Thottakonam. The session, held on the subsequent day, aimed to educate participants about the challenges faced by individuals with disabilities and advocate for inclusivity. Volunteer Secretary Anjali Prasad led an informative presentation, providing insights into different types of disabilities and the importance of creating a supportive environment. Additionally, Volunteer Secretary Prithvi Raj facilitated an interactive activity to encourage empathy and understanding among participants regarding the struggles faced by disabled individuals. The session concluded with a call to action, urging everyone to contribute towards building a more inclusive society.





47. 2023 December 05 – International Volunteers Day

DATE	05/12/2023
VENUE	Pandalam
NUMBER OF VOLUNTEERS PARTICIPATED	54

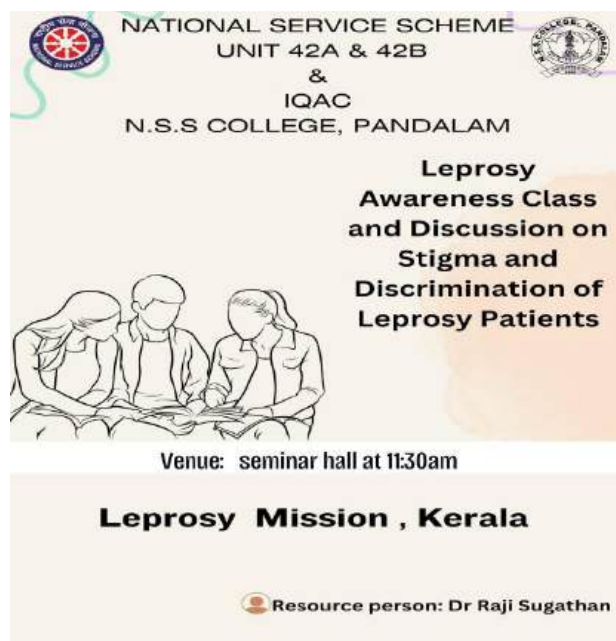
NSS units 42A and 42B of NSS College Pandalam celebrated International Volunteers Day with the inauguration of the "Padheyam" program by our program officer, Dr. Jyothy C R. In connection with the Padheyam initiative, all NSS volunteers contributed by bringing one potichor each, resulting in a collection of about 50 potichors under the leadership of Volunteer Secretary Anjali Prasad. The collected potichors were then taken to the Pandalam food bank. Inspired by the NSS unit's activities, many organizations are now contributing as much potichor as they can collect to the food bank.



**48. 2023 December 07 – Leprosy Awareness Class and Discussion By
Leprosy Mission**

DATE	07/12/2023
VENUE	Seminar Hall
NUMBER OF VOLUNTEERS PARTICIPATED	63

Leprosy Awareness Class and Discussion by Leprosy Mission Dec 7, 2023: NSS units 42A and 42B organized an awareness class about the disease 'Leprosy'. The class commenced at 11:30 am in the seminar hall. Volunteer Secretary Prithviraj hosted the program, and Dr. Jyothy CR inaugurated it. The class was coordinated by Dr. Raji Sugathan, the resource person, who spoke about leprosy diseases and raised awareness about preventive measures. The session concluded at 2:00 pm, followed by a vote of thanks by our Joint Secretary Srija.



49. 2023 December 13 to 15 – Sabarimala duty

DATE	13/12/23-15/12/23
VENUE	Sabarimala
NUMBER OF VOLUNTEERS PARTICIPATED	8

NSS volunteers from NSS College Pandalam took on the responsibility of cleaning the historic site of Sabarimala and the Pampa River from December 13th to 15th, 2023, in collaboration with the Pollution Control Board. Our volunteers demonstrated exceptional performance during the cleaning process, showcasing their dedication to environmental conservation. The list of volunteers who participated in the Sabarimala duty includes Prithviraj, Brahmadethan M, Rahul B R, Mohith Manoj, Yethu Krishna, Anand J, Govind Mohan, and Adithyan G. Their efforts contributed significantly to maintaining the cleanliness and sanctity of this revered pilgrimage site and its surroundings.



50. 2023 December 21 – Christmas day

DATE	21/12/2023
VENUE	College Auditorium
NUMBER OF VOLUNTEERS PARTICIPATED	76

On December 21, 2023, National Service Scheme units 42A & 42B organized a Christmas celebration at the College Auditorium. The event featured various programs coordinated by Volunteer Secretary Anjali Prasad and other executive members, including karaoke, solo songs, speeches, and more. Several volunteers actively participated in these programs. Additionally, a Christmas carol was conducted, with volunteers visiting each department, spreading joy with their performances. The program was inaugurated by Prof.

Dr.K G Padmakumaran Nair, Principal of NSS College, Pandalam, and concluded with a vote of thanks by Dr. Jyothy C R, the coordinator of National Service Scheme

51. 2024 January 17 – National Road Safety Day

DATE	17/11/2024
VENUE	Seminar Hall
NUMBER OF VOLUNTEERS PARTICIPATED	47

On January 17th, in observance of National Road Safety Day, National Service Scheme Units 42A & 42B of NSS College Pandalam conducted an awareness class on road safety. Led by a Motor Vehicle Department Officer, the session was held in the seminar hall, commencing at 10:30 am. The class provided comprehensive information about road safety measures. Programme Officer Dr. Jyothy C R delivered the inaugural address, followed by Volunteer Secretary Prithviraj giving the vote of thanks. The program began with the NSS geetham and concluded by 1 pm

52. 2024 January 24 – National Girl Child Day

DATE	24/01/2024
VENUE	College Campus
NUMBER OF VOLUNTEERS PARTICIPATED	52

National Service Scheme Units 42A & 42B of NSS College Pandalam organized a series of programs to commemorate National Girl Child Day, dedicated to all the girls on campus. The event included a small session led by the Women's Club for the volunteers. Dr. Jyothy C R, the Programme Officer, delivered the inaugural address, while Volunteer Secretary Anjali Prasad expressed gratitude in the vote of thanks. Following the noon session, we held a poster-making competition for girls.

53. 2024 January 25 to 31 – Annual Seven Day Camp

DATE	25/01/24-31/01/24
VENUE	NSS College Pandalam
NUMBER OF VOLUNTEERS PARTICIPATED	

NSS College Pandalam, National Service Scheme units 42A and 42B organized a seven-day camp named "Prachod 2023" from January 25th to January 31st, 2024. The camp featured classes conducted by teachers and former students, providing valuable experiences for the participating students. Additionally, other teachers from the college also actively participated in the camp. The inaugural ceremony was graced by College Principal, Professor Dr. M G Sanalkumar.



54. 2024 February 05 – World Cancer Day (Feb 04)

DATE	05/02/2024
VENUE	Seminar Hall
NUMBER OF VOLUNTEERS PARTICIPATED	61

On February 7, 2023, National Service Scheme Unit 42A & 42B of NSS College Pandalam organized Cancer Day activities. The program commenced at 9:30 am with a prayer, followed by the inauguration by College Principal Prof. Dr. M G Sanal Kumar. Dr. Jyothy C R, NSS Program Officer, delivered the welcome address and initiated the program. A health inspector from the Pandalam Health Center conducted a class related to Cancer Day. Volunteer Secretary Prithviraj concluded the program, which ended at 12:30 pm.

55. 2024 February 06 – Cleaning Campaign

DATE	06/02/2024
VENUE	College
NUMBER OF VOLUNTEERS PARTICIPATED	16

The volunteers of NSS Unit No. 42A & 42B at NSS College Pandalam conducted a green campaign in coordination with the Haritha Karma Project. The goal of this campaign was to transform our college campus into a green campus. As part of this initiative, NSS unit volunteers conducted an awareness class and provided instructions to the students. They emphasized reducing the use of plastic, bringing lunch in reusable tiffin boxes, avoiding littering plastic on campus, refraining from using single-use paper plates, and minimizing the use of decorative items during college functions. The campaign achieved success in promoting eco-friendly practices among the college community.



56. 2024 February 07 – Self Defense Training For Girls

DATE	07/02/2024
VENUE	College Fitness center
NUMBER OF VOLUNTEERS PARTICIPATED	38

NSS College Pandalam's National Service Scheme units 42A and 42B conducted a self-defense class for girls in collaboration with the Physical Education Department. The event was inaugurated by Principal Prof. Dr. M G Sanal Kumar. Program Officer Jyothy C R delivered the inaugural address, and the Head of the Physical Education Department, Dr. Jayakumar, conducted the self-defense class. Volunteer Secretary Prithviraj expressed gratitude, and the class concluded at 2 pm.

57. 2024 February 10 – Pulses Day

DATE	10/02/2024
VENUE	College Campus
NUMBER OF VOLUNTEERS PARTICIPATED	45

Under the auspices of National Service Scheme (NSS) Unit 42A and 42B of Pandalam NSS College, in commemoration of Pulses Day, volunteers visited all departments and met with the heads to emphasize the importance of grains in human life. Grains were distributed to all department heads, with the first distribution inaugurated by College Principal Prof. Dr. MG Sanal Kumar. The program, organized under the leadership of Program Officer Dr. Jyothy CR, included the distribution of grains to all departments. Volunteer Secretary Prithviraj P, Anjali Prasad, and other volunteers conducted an awareness class on the value of grains.

58. 2024 February 14 – Valentines Day

DATE	14/02/2024
VENUE	College Campus
NUMBER OF VOLUNTEERS PARTICIPATED	28

The NSS unit of NSS College Pandalam celebrated Valentine's Day by honoring the college's clerical and other office staff with gifts of safety gear and sweets, demonstrating appreciation for their essential contributions to the college's upkeep in the leadership of the Programme Officer Dr. Jyothy C R, Volunteer Secretary Prithviraj and Joint Secretary Anjali Prasad.

59. 2024 March 02 – Mega Job Fair

DATE	02/03/2024
VENUE	NSS College Pandalam
NUMBER OF VOLUNTEERS PARTICIPATED	83

Under the collaborative efforts of National Service Scheme (NSS) units 42A and 42B NSS College and the Placement Cell , a significant Mega Job Fair was organised on 2 March 2024. This event aimed to benefit final year graduate and postgraduate students by offering them extensive opportunities and insights into various career paths. The job fair provided a platform for students to interact with potential employers and gain valuable knowledge about job prospects in their respective fields. The event was inaugurated by Professor Dr. M G Sanal Kumar, the esteemed Principal of the college, signifying its importance and significance. Dr. Jyothy C R, the Program Officer of NSS, extended a warm welcome to all attendees, highlighting the significance of the event in shaping students' futures. Jithesh J nair, the incharge of Placement Cell explained the guidelines to the participants. The program concluded with Volunteer Secretary Anjali Prasad expressing gratitude to all participants and organizers for their contributions towards making the job fair a success. Overall, the Mega Job Fair served as a valuable resource for students, equipping them with the necessary tools and information to embark on their professional journeys confidently.

60. 2024 March 07 – District Level Neighborhood youth Parliament

DATE	07/03/2024
VENUE	St. Thomas College Kozhencherry
NUMBER OF VOLUNTEERS	32

PARTICIPATED	
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National Service Scheme Unit No. 42A & 42B, NSS College, Pandalam, participated in the District Level Neighborhood Youth Parliament organized by Nehru Yuva Kendra in association with National Service Scheme Unit No. 42 of St. Thomas College, Kozhencherry. The presidential address was given by Sri Sandeep Krisnan P, District Youth Officer, Nehru Yuva Kendra, Pathanamthitta District. The program was inaugurated by Kum. Safna Nasiruddin IAS (Subcollector and RDO Thiruvalla). A session was conducted by the SVEEP (Systematic Voters Education and Electoral Participation) by the Election Commission to raise awareness among youth about the importance of voting, with a live demonstration of the voting machine. Later, a Mock Parliament was conducted, in which NSS Volunteer Secretary Anjali Prasad, NSS volunteers Vinaya L, Aromal Ramesh, and Hema Haridas participated.

61. 2024 March 15 – World Consumer Rights Day

DATE	15/03/2024
VENUE	Seminar Hall
NUMBER OF VOLUNTEERS PARTICIPATED	58

On March 18, in commemoration of World Consumer Rights Day, the NSS Units of NSS College Pandalam organized an Awareness Class. Volunteer Secretary Prithviraj and Joint Secretary Anjali Prasad took charge of coordinating the program. The inauguration was led by IQAC Coordinator, Dr. Jyolsna, followed by Dr Shibu R, Assistant Professor of the Department of Political Science, who conducted the session. The program was conducted under the supervision of Programme Officer Dr. Jyothy C R, aiming to enlighten students about consumer rights and responsibilities.

62. 2024 March 16 to 22 – National Integration Camp

DATE	16/03/24-22/03/24
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VENUE	Central University of Kasargod
NUMBER OF VOLUNTEERS PARTICIPATED	1

Anjali Prasad, the Volunteer Secretary (Girls) of our unit, participated in the National Integration camp at Central University of Kasargod.



63. 2024 March 22 – Water Day

DATE	22/03/2024
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VENUE	College Campus
NUMBER OF VOLUNTEERS PARTICIPATED	52

On March 22, in observance of Water Day, the NSS units of NSS College Pandalam undertook an initiative to raise awareness about the importance of water conservation and the detrimental effects of water wastage. Throughout the college campus, numerous posters were strategically placed near water points to educate students about these critical issues. The initiative aimed to instill a sense of responsibility among students regarding water usage and to encourage them to adopt sustainable practices in their daily lives. By spreading awareness through visual aids, the NSS units sought to empower students with knowledge and inspire positive behavioral changes towards water conservation. The initiative was a proactive step towards promoting environmental stewardship and fostering a culture of consciousness about water resources within the college community.